

## STUDY SKILLS MATERIALS AVAILABLE AT THE LEARNING CENTER

The following materials are available for review in the Independent Learning and Assessment Center. If you attend another site, you may request materials to be sent to that campus site for review. Make your request through Maggie Taylor in Sidney, or Robyn Iossi in Alliance.

### Study Skills

- “This Way to an A: Effective Study Skills” DVD/40 min., Highly Recommended
- “Developing Good Study Skills” DVD/40 min., Highly Recommended

### Test Taking

- “This is a Test, This is Only a Test” DVD/40 min.

### Stress Management

- “Surviving Student Stress” DVD/21 min.

### Note Taking

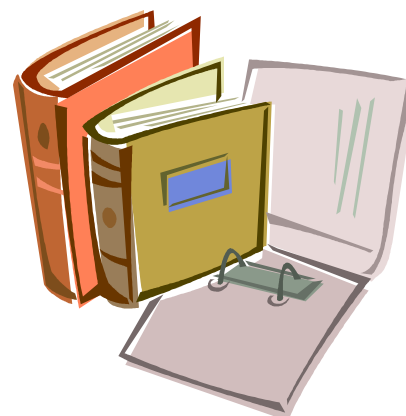
- “Taking Notes” VHS/30 min.

### Listening Skills

- “How to Listen Effectively” VHS/15 min.

### Improving Memory

- “Developing a Great Memory” DVD/27 min.
- “Memory Skills: Power Learning” VHS/25 min.
- “Memory Made Easy” 3 Cassette Tapes
- “Kevin Trudeau’s MEGA MEMORY” 16 Cassette Tapes



### Time Management

- “How to Manage Your Time” VHS/15 min.

### Reading Textbooks

- “How to Read a Textbook—SQ3R” DVD/13 min.

Y.E.S Student Support Services also has materials available. Please contact Janet Craven if you would like to use these materials. Once again, they are only to be used while in the Williams Building.

### Study and Testing Skills

- “This Way to an A” VHS/40 min. by Cambridge Educational
- “This is a Test, This is Only a Test” VHS/40 min. by Cambridge Educational

### Students 4 Success Series

- “Selecting Your Destination and Choosing Your Path” (Goal Setting) VHS/18 min.
- “Keys to Managing Your Time and Taking Control of Your Life” VHS/18 min.
- “Study Strategies for Maximizing Your Effectiveness” VHS/18 min.
- “Creative Memory and Creative Note-Taking Skills” VHS/18 min.